



# Nocturnal Animals

Four year old class

Week 9

## This Week:

**Monday:** Children will create a graph of things we do during the day and things we do at night.

**Tuesday:** We will be learning interesting facts about Owls. An owl has three sets of eyelids and an owl can hear a mouse 60 feet away.

**Wednesday:** We'll be using our fine motor skills to make a spider web with yarn.

**Thursday:** The children will be using the number 8 to make an 8 legged spider with 8 legs.

**Friday:** We are going to use our senses to learn about the characteristics of an apple.

## Conscious Discipline:

### Helping your child calm down.

Notice your child by saying "There you are, you're safe. Breathe with me. You can handle this." When two eyes meet, a wireless connection is created between the orbital frontal areas of the prefrontal lobes. From this connection we literally download inner states into one another. The eyes contain nerve projections that lead directly to the key brain structures for empathy and matching emotions. Mirror neurons ensure that the moment someone sees an emotion on your face, they will at once sense that same feeling within themselves.

### Reminders:

Children are welcomed and encouraged to bring items to school that pertain to our weekly unit. They will be able to share during our end of the day time!  
Parent/Teacher Conferences: Wednesday, October 25th  
and Thursday, October 26th  
No school: Friday, October 27th

## Handwriting Without Tears:

Capitals make lowercase letters easy. Children who learn capitals first can easily distinguish capitals from lowercase letters. They learn lowercase letters quickly because they already know all the lowercase letters that are the same as (c, o, s, v, w, x, z) or similar to (j, k, p, t, u, y) the capitals. They already know other lowercase letters from their names

# Bible

Jesus called himself the "Light of the World". Wherever He went people were attracted to Him. Thousands of people would follow Him because He gave them hope and healed their bodies and their hearts. In John 8:12 the Bible tells us He offered forgiveness and a new way of life. Jesus wants us to be a light also. In Matthew 5:14-16 He said, "Ye are the light of the world. A city that is set on a hill cannot be hid. Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house. Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven." When we get to know Jesus, we begin to become more and more like Him. People will notice that we are different by the way we act. When we are forgiving and kind, polite and considerate, helpful and thankful, when we don't act up, and show that we care about people by giving, people will notice that we are different. They may ask us why we are different? They may ask us why we stopped to help someone, they may ask us why we are happy when things go wrong, or why we don't complain when we don't get our way. If we don't tell them, ". . . because Jesus is in my heart," it would be like hiding a candle under a bushel. Jesus wants us to let everyone know that He is the reason we are happy -- that He is the reason we are different. When we shine for Jesus, people will be attracted to Him because they will see the difference He makes in my life.

